

Chocolate Pudding

Yield: 3 1/2 cups

Cooking Time: 25 minutes

Preparation Time: 5 minutes

Ingredients

1/2 cup cocoa powder

1/4 cup flour

3/4 cup sugar

2 1/2 cup milk

2 eggs

1 tbsp butter

1 tsp Vanilla



Instructions

Mix Cocoa Powder, Flour, and Sugar in a large pot

Add Milk and apply heat, stirring constantly until boiling

Remove from heat for 1-2 minutes

Mix Eggs in separate bowl

Add 1 cup pudding into eggs, mix, and return to pot with pudding

Heat until just before boiling

Remove from heat

Add Butter and mix until melted, then add Vanilla and mix

Transfer for bowl for storage

Apply plastic wrap directly to surface of pudding to prevent filming

Cool in refrigerator

Nutritional Information

Nutritional information reflects amount per cup.

Calories 450

Total Fat (g) 11

Saturated Fat (g) 6

Cholesterol (mg) 178

Sodium (mg) 302

Total Carbohydrate (g) 75

Dietary Fiber (g) 0

Sugars (g) 12

